

Brigitte Wittmer

EMBODIMENT & LEADERSHIP COACH · CREATOR OF LIQUID LEADING

*“We don’t store the damage.
We store history.”*

POSITIONING

The disconnection from the body is not a personal problem. It is a civilizational one: cultures that split mind from body, rewarded override, made touch ceremonial, and called it progress. Her work is a form of cultural correction. Not by arguing with the culture, but by showing the body something different. One body at a time, which is the only way cultures actually change.

ABOUT

Brigitte Wittmer is an embodiment and leadership coach and the creator of Liquid Leading, a somatic counter-proposal to the hierarchy of partner dance, first theorized in her 2017 thesis at Faculdade Angel Vianna in Rio de Janeiro. Her method, B-Moving, works with mytho-somatic intelligence: the intersection where the body’s survival architecture meets the archetypal patterns it carries, repatterned through movement and connection. She grew up in Switzerland, where touch is ceremonial, and retrained her nervous system in Brazil, where contact is a daily fact of life. She has been on both sides of the work she teaches. In San Francisco she works with executives, creatives, and psychedelic integrators, through 1:1 Leadership Coaching and Liquid Leading group experiences.

SIGNATURE TALKS

Where It Lands: The Body as the Site of Psychedelic Integration

Expanded experiences either land in the body and become lived reality, or recede into memory. The somatic case, demonstrated.

The Embodied Leader: The Human Capacities AI Cannot Automate

What leadership development looks like when it finally includes the body: presence, reading a room, deciding from values rather than data alone.

Liquid Leading: Culture, Repatterned Through Two Bodies in Motion

A political proposal made through partner dance. Both partners learn to propose and respond, and the hierarchy extinguishes itself.

FORMATS

Keynote · Movement-based workshop (no dance experience required) · Panel · Podcast conversation



SELECTED STAGES

Envision Festival, Costa Rica · 2024 & 2026
Museum of Tomorrow, Rio de Janeiro
Virada Cultural, São Paulo
Swissnex Brasil
Zürich Tanz
Flourishing the Commons, San Francisco

AUDIENCES

Leadership & tech · Consciousness & psychedelic · Arts, culture & festivals

FROM THE ROOM

“Within two hours, Brigitte took our group from the elementals of weight-shifting to a unique partner dance practice that depends utterly on pure embodied presence. Masterful.”

DR. MARNI GAUTHIER · Executive Coach & Master Facilitator